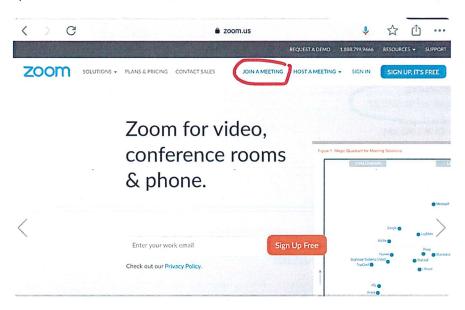
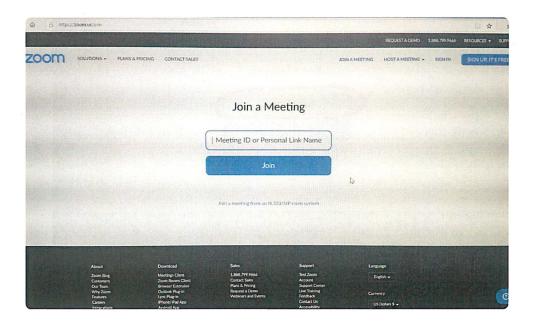
Equipment needed: A computer with a camera or a phone/tablet with camera.

How to access zoom on Web Browser (Microsoft Edge, Mozilla Firefox, Google Chrome, Safari, etc.) **Jump to page 5 for phone/tablet instructions**

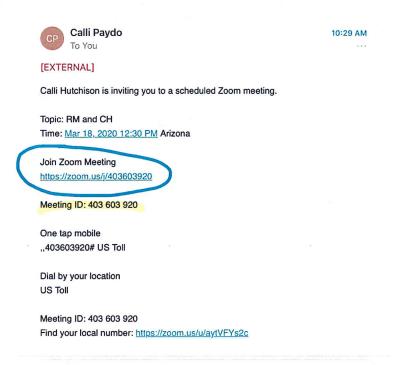
- 1) Go to https://zoom.us
- 2) Click JOIN A MEETING, the screen will look like this:



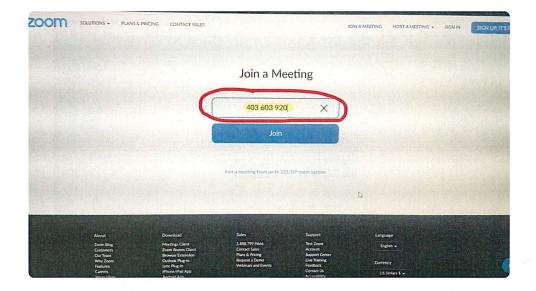
3) Once you click that button, this screen will appear:



4) Once this screen appears, go to your email where you will have received an email from PWR! that looks like this or click "Join Zoom Meeting":



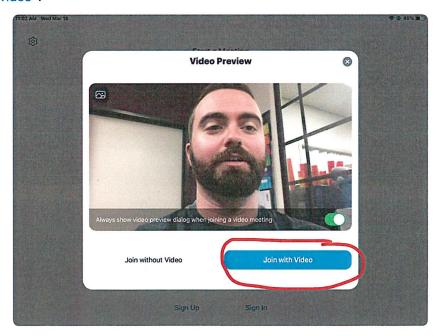
5) Enter highlighted meeting number from email into the box on Zoom website and press Join.



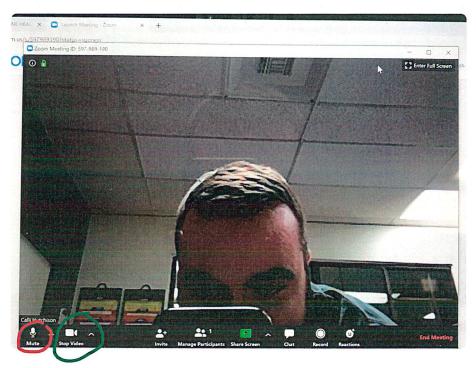
6) Once you click join, you will see this screen:



- 7) You can wait on this screen until your therapist starts the meeting.
- 8) Once your therapist starts the meeting you will see this screen, you will want to click "Join with video":



9) Once you click "Join with video" you will see this screen:



The <u>red circle</u> indicates the mute/unmute button to control whether or not you can talk to your therapist, while the green circle indicates the turn off and on video option so your therapist can see you.

How to access Zoom from the App Store or Google Play Store

- 1) Go to App Store (IPhone) or Google Play Store (Android) and type "Zoom" into search bar
- 2) Click "Get" on "ZOOM Cloud Meetings" to start download:



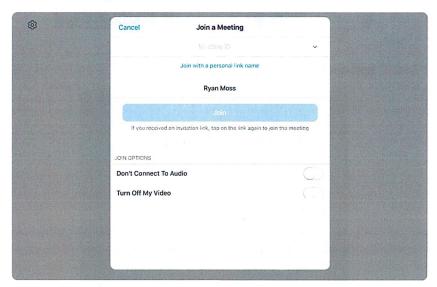
3) Click on the "Zoom" app once downloaded:



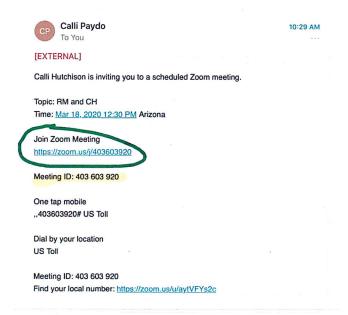
4) Once you open Zoom, this screen will appear and you will click "Join a Meeting":

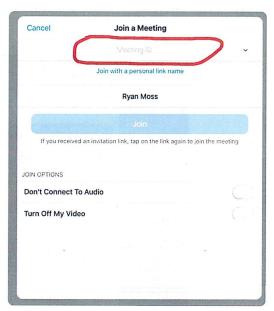


5) Once you click "Join a meeting" this screen will appear:

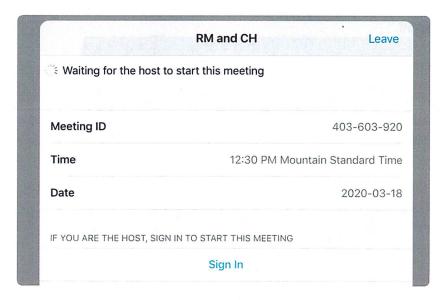


6) In the "Meeting ID" box, enter the highlighted ID from the email you received from PWR! and click "Join" or click link "Join Zoom Meeting":

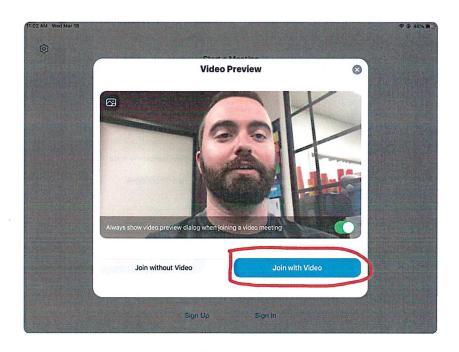




7) Once you click "Join", this screen will appear, where you will wait for your therapist to start the meeting:

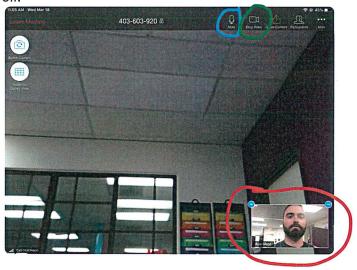


8) Once your therapist starts the meeting, you will see this screen, you will want to click "Join with Video"



9) Once you join with video, you will see this screen where your therapist will be in the large screen and you will see yourself in the smaller screen in the bottom corner and there are two buttons that are of importance:

For IPhone: The blue circled button is how you turn audio on and off, while the green circled button turns video on and off.



For Android phones, your screen will look like this, with your video appearing in the bottom right corner. The blue circled button is to add audio/mute audio. The green circled button turns the video

on and off.

