

### **What is the difference between the Therapist and Instructor workshop?**

The Therapist workshop is designed for PTs/OTs who administer therapeutic treatment to people with Parkinson's, with a focus on integrating the PWR!Moves into personal goals and task-based practice to improve functional mobility in real-world environments. The Exercise Instructor workshop is designed for fitness professionals, including therapists, who will be teaching the PWR!Moves in a group fitness or class setting. They are independent of each other, but if you meet the eligibility requirements, you can take both workshops. One is not required before the other.

### **After I complete a workshop, when does my PWR!Moves certification expire?**

All workshop certifications – Therapist and Instructor – are valid for 3 years from the year you were certified. The "valid through" date is printed on the certificate you receive when you complete the workshop. Once the 3 years have passed, you will need to recertify to remain PWR!Moves certified.

### **There are two Therapist recertification options. Which one do I choose, and what if I'm interested in both?**

You are free to take either the Freezing of Gait (FOG) or the Refresher recertification workshop when it's time to recertify – both will extend your PWR!Moves certification for another 3 years. If both are of interest to you, you can take both, but you will only be PWR!Moves certified for 3 years after the most recent workshop you take. You cannot 'stack' recertification workshops to extend your certification beyond 3 years.

### **How long does Therapist or Instructor Recertification last?**

Completing a recertification workshop will extend your PWR!Moves certification for another 3 years, at which time you would need to recertify again to remain PWR!Moves certified.

### **I took the Instructor workshop in 2022 and it's been three years. Do I need to recertify?**

Yes - If you took the Instructor workshop beginning in 2022, you need to recertify by taking an Instructor Recertification workshop to remain PWR!Moves certified for another 3 years.

### **I took the Instructor workshop prior to 2022. What do I need to do to remain certified?**

You must take our current Parkinson's Foundation accredited Exercise Instructor Workshop to maintain your PWR!Moves Certification for another three years. The current version was completely revamped with Parkinson's Foundation accreditation in January, 2022, and is different from the one you originally attended.

### **How long are the workshops?**

Both the Therapist and Instructor workshops last two full days, approximately 10 hours on Saturday and 8 hours on Sunday. The Recertification workshops last approximately 4-6 hours depending on which one you take.

**All workshops start times are listed in Eastern (US) time. How do I adjust for my time zone?**

We recommend using [www.thetimezoneconverter.com](http://www.thetimezoneconverter.com) to convert listed times to your time zone.

**What if I need to transfer to a different workshop or cancel my enrollment altogether?**

All cancellation and transfer requests are subject to our [Workshop Cancellation Policies](#).

**Do you offer group discounts?**

Yes, groups of two or more each receive \$25 off the workshop registration fee.

**Do you offer in-person workshops?**

At this time, all our workshops are offered online only.

**When will I receive my workshop materials?**

Access to all workshop materials should arrive at least 3 days before your workshop to the email address you provided with your registration. If you do not receive these materials prior to the workshop date, please email [workshopsinfo@pwr4life.org](mailto:workshopsinfo@pwr4life.org).

**When will I receive the workshop Zoom link?**

The Zoom link will be emailed to you approximately 48 hours before the start of the workshop.

**Can I share screens with a colleague or my group during a live workshop?**

No. We require each individual person to participate on their own device.

**How many CEUs will I earn?**

All CEU information for each workshop can be found at [www.pwr4life.org/ceu](http://www.pwr4life.org/ceu).

**I've misplaced my receipt or certificate. Can I get another copy?**

Yes, please email [workshopsinfo@pwr4life.org](mailto:workshopsinfo@pwr4life.org) and we will send you another copy.