

PWR!Moves[®] Instructor Training and Certification

Parkinson Wellness Recovery | PWR!

Parkinson Wellness Recovery | **PWR!**[®] is a 501(c)(3) tax-exempt non-profit organization which aims to develop and implement worldwide access to cutting-edge Parkinson disease-specific neuroplasticity-principled exercise programs that slow disease progression, improve symptoms, restore function, and increase longevity and quality of life. To this end, **PWR!** trains PTs, OTs, and other fitness professionals across the US and the world in our **PWR!Moves** curriculum.

Getting PWR!Moves Certified

During the **PWR!Moves** Instructor Training and Certification workshop, participants will learn how to use **PWR!Moves** exercises to target PD symptoms that interfere with everyday movement.

Upon completion of the workshop, **PWR!Moves** Certified Instructors will be able to:

- Integrate **PWR!Moves** into their group exercise classes and personal training
- Advertise their services on our **PWR!Moves** Professionals Directory
- Access special content and forums available exclusively to **PWR!Moves** Certified Therapists and Instructors



February 1-2, 2020

**University of North Carolina Wilmington
McNeill Hall, Room 1051**

Eligible participants

Certified personal trainers, group fitness instructors, PTs, PTAs, OTs, OTAs

Approved for 1.5 CECs
by ACE, ACSM, NASM, & AFAA

Registration fees
\$550 per person
\$525 for groups of 2 or more

Check out our
website for
discounted Early
Bird pricing!

Presented by



Hosted by

UNIVERSITY of NORTH CAROLINA WILMINGTON



For more information, visit us at
pwr4life.org or contact us at workshops@pwr4life.org