

PWR!Moves[®] Instructor Training and Certification

Parkinson Wellness Recovery | PWR!

Parkinson Wellness Recovery | **PWR!**[®] is a non-profit organization which aims to develop and implement worldwide access to cutting-edge Parkinson disease-specific neuroplasticity-principled exercise programs that slow disease progression, improve symptoms, restore function, and increase longevity and quality of life. To this end, **PWR!** trains PTs, OTs, and other fitness professionals across the US and the world in our **PWR!Moves** curriculum.

Getting PWR!Moves Certified

During the **PWR!Moves** Instructor Training and Certification workshop, participants will learn how to use **PWR!Moves** exercises to target PD symptoms that interfere with everyday movement.

Upon completion of the workshop, **PWR!Moves** Certified Instructors will be able to:

- Integrate **PWR!Moves** into their group exercise classes and personal training
- Advertise their services using our **PWR!** Professionals Directory
- Access special content and forums available exclusively to **PWR!Moves** Certified Therapists and Instructors

June 29-30, 2019

Boxing 4 Health
1796 Woodward Dr.
Ottawa, ON K2C 0P7

Eligible participants

Certified personal trainers, group fitness instructors, PTs, PTAs, OTs, OTAs

Registration fees

\$550 USD per person, \$525 USD for groups of 2 or more

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For more information, visit us at pwr4life.org or contact us at workshops@pwr4life.org