PWR!Moves® Instructor Training and Certification

Parkinson Wellness Recovery | PWR!

Parkinson Wellness Recovery | PWR!® is a non-profit organization which aims to develop and implement worldwide access to cutting-edge Parkinson disease-specific neuroplasticity-principled exercise programs that slow disease progression, improve symptoms, restore function, and increase longevity and quality of life. To this end, PWR! trains PTs, OTs, and other fitness professionals across the US and the world in our PWR!Moves curriculum.

Getting PWR!Moves Certified

During the PWR!Moves Instructor Training and Certification workshop, participants will learn how to use PWR!Moves exercises to target PD symptoms that interfere with everyday movement.

Upon completion of the workshop, PWR! Moves Certified Instructors will be able to:

- Integrate PWR!Moves into their group exercise classes and personal training
- Advertise their services using our PWR! Professionals Directory
- Access special content and forums available exclusively to PWR!Moves Certified Therapists and Instructors

June 29-30, 2019
Boxing 4 Health
1796 Woodward Dr.
Ottawa, ON K2C 0P7

Eligible participants
Certified personal trainers, group fitness instructors, PTs, PTAs, OTs, OTAs

Registration fees
$550 USD per person, $525 USD for groups of 2 or more

Get $100 USD off using coupon code OCANADA

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For more information, visit us at pwr4life.org or contact us at workshops@pwr4life.org