

# PWR!Moves<sup>®</sup> Instructor Training and Certification

## Parkinson Wellness Recovery | PWR!

Parkinson Wellness Recovery | PWR!<sup>®</sup> is a 501(c)(3) tax-exempt non-profit organization which aims to develop and implement worldwide access to cutting-edge Parkinson disease-specific neuroplasticity-principled exercise programs that slow disease progression, improve symptoms, restore function, and increase longevity and quality of life. To this end, PWR! trains PTs, OTs, and other fitness professionals across the US and the world in our PWR!Moves curriculum.

## Getting PWR!Moves Certified

During the PWR!Moves Instructor Training and Certification workshop, participants will learn how to use PWR!Moves exercises to target PD symptoms that interfere with everyday movement.

Upon completion of the workshop, PWR!Moves Certified Instructors will be able to:

- Integrate PWR!Moves into their group exercise classes and personal training
- Advertise their services using our PWR! Professionals Directory
- Access special content and forums available exclusively to PWR!Moves Certified Therapists and Instructors



**September 8-9, 2018**

**PWR!Gym**

140 W. Fort Lowell Rd.  
Tucson, AZ 85705

### Eligible participants

Certified personal trainers, group fitness instructors, PTs, PTAs, OTs, OTAs

Approved for 1.5 CECs by ACE, ACSM, & NASM

### Registration fees

\$475 per person  
\$450 for groups of 2 or more

Presented by



For more information, visit us at [pwr4life.org](http://pwr4life.org) or contact us at [workshops@pwr4life.org](mailto:workshops@pwr4life.org)