

# **Reports to: Chief Operations Officer**

# Summary:

PWR! is a nonprofit, Parkinson-specific wellness center providing physical therapy and fitness classes. PT's are responsible for all physical therapy evaluations and one on one treatment. PT's work closely with PWR! Gym staff to assure quality, customer service, and safety of all physical therapy and group class participants. Additional work opportunities include: research/publications based on PWR! member data and teaching as part of PWR! Workshop Faculty.

#### **Skills/Qualifications:**

- Licensed as a Physical Therapist by the State of Arizona
- Graduate of a PT curriculum approved by the American Physical Therapy Association or the Council of Medical Education and Hospitals of the AMA
- Current CPR/AED and First Aid Certification preferred
- One to three years of related work experience in a physical therapy clinical position (student rotations acceptable)
- Ability to provide superior service to members, their care partners, staff, volunteers, and external customers
- Experience charting on Medicare patients appreciated
- Must be well organized and possess excellent verbal and written communication skills

# Position Duties and Responsibilities:

#### Rehab/Physical Therapy

- Responsible for performing evaluations and developing/implementing treatment plans
- Provide timely documentation and maintain client charts to meet insurance requirements
- Implement therapy according to established plan, utilizing appropriate procedures, equipment and techniques
- Re-evaluate patients, assess progress and make recommendations regarding discharge
- Educate the patient and care partner about finding of evaluation, treatment plan, home program, injury/fall prevention and other related information
- Stay up to date on exercise and Parkinson disease to progress skills, expand clinical knowledge, and provide the best evidenced based and patient centered care possible
- Define protocols and create educational materials and home exercise recommendations to be included for clients that participate in Intensive bouts of therapy, consults, or 1:1 sessions
- Contribute to the development and implementation of cognitive training into therapy
- Assist in mentoring, observing, and problem solving with fitness staff
- Communicate with PWR! Gym staff and group instructor(s) about:
  - a. Member precautions/red flag events as identified in initial consultation (via group class recommendation sheet) for member's safe class participation

Parkinson Wellness Recovery 3849 E. Broadway Blvd. #163 Tucson, AZ 85716

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- b. Member change in status as identified by therapist and/or PWR! Gym staff and/or group instructor(s) and coordinate with the above parties for appropriate care (i.e. referral to another healthcare professional/change in PWR! group class, etc.)
- Meet with supervisor bi-monthly for continuous quality improvement
- Instruct group classes after appropriate training (1-3x/week as needed)

# Website/ Other Marketing

• Contributes relevant educational and inspirational information to PWR! social media efforts

# PWR! Retreat

• Attend and participate in annual week-long PWR! Retreat (as requested). Lead pole-walking, group classes, and attend lectures.

#### Workshops

• Acquire training to become a member of PWR! workshop faculty (as requested). Teach two day therapist or fitness instructor courses in the US and abroad.

#### Research

• Participate/contribute to PWR!Gym research projects (as requested)

# **Community Education and Enrichment**

Develop content to present at PWR! Wellness Series and community outreach/speaking events (as requested)

# Fundraising

• Participate in and attend fundraising events (as requested)

# Position Type and Expected Hours of Work

This is a full-time (32-40 hours per week), exempt position, with benefits. Salary commensurate with experience.

If you are interested in this position, please send a cover letter, resume and three professional references to info@pwr4life.org.