



Parkinson Wellness Recovery
Exercise4BrainChange™



PWR! Trainings AUGUST 2012
Hotels Near Saddleback Memorial Medical Center

Laguna Hills Lodge

www.lagunahillslodge.com

23932 Paseo de Valencia
Laguna Hills, CA 92653
949-625-4589

Discounted rate at \$89/night + tax and fees. Call Roland Bayalan at 949-830-2550 (rbayalan@yahoo.com) to reserve at the discounted rate and ask for the PWR-Saddleback Memorial Medical Center block of rooms.

Courtyard Laguna Hills Irvine Spectrum/Orange County by Marriot

www.courtyard.com/SNALH

23175 Avenida de la Carlota
Laguna Hills, CA 92653

Discounted Room rate at \$119 + tax and fees
Call 800-321-2211 or 949-859-5500 on or before Friday, July 27, 2012
Ask for the PWR-Saddleback Memorial Medical Center block of rooms.

Ayres Hotel

www.ayreslagunawoods.com

24341 El Toro Road
Laguna Woods, CA 92637
949-588-0131
Toll-Free Reservations: 800-594-8412

Discounted room rate at \$119 + tax and fees
Call above reservation number by July 26, 2012 to receive this rate.
Ask for the PWR-Saddleback Memorial Medical Center block of rooms.

Complementary airport shuttle to/from Orange County/Santa Ana John Wayne Airport